

Critical Reflection Writing and Group Experience

Focus on one patient whom you observed during your integrated interprofessional community clinical experience. Address the areas described below. Your critical reflection paper should not exceed 3 pages in length (double-spaced, 12 font, please). Use the template (included) that has been created for this exercise. Include the three sections described below.

- 1) **INTRODUCTION OF CASE.** In a few sentences, summarize the clinical scenario in language that non-clinical readers could understand.
 - Briefly** describe the patient and his/her situation, diagnosis and prognosis, brief medical and social history.
 - Describe the predominant needs of this patient and his/her family. Think holistically about their medical, psychosocial and spiritual needs.

- 2) **CRITICAL REVIEW.** Next, address the following critical review questions.
 - What team members were involved in the care?
 - Was there an adequate interprofessional assessment and care plan? What team members were missing and what could they have contributed?
 - Describe the communication among the parties involved (team communication: with each other, the patient and family and other providers)
 - How could the patient's/family's care be enhanced?
 - Were the relevant social determinates of health addressed?
 - Discuss how this interprofessional and patient/family oriented setting supported "whole person" (bio-psycho-social-spiritual) care. If it didn't, how did it fallshort?

- 3) **PERSONAL REFLECTION.** Lastly, but most importantly, reflect personally on your involvement with this patient. This should be the longest portion of your paper.
 - How did the experience touch you personally? Professionally?
 - How did the experience impact your future practice as a healthcare provider?
 - Describe observations that had a positive or negative impact on you.
 - How has your perception of integrated, whole person, community-based geriatric care changed based on the experience?

Your reflection paper should be submitted to the iCCOA Education Coordinator at OptimalAgingEducation@louisville.edu. Submit your paper at **least one week** prior to your interprofessional critical reflection writing group session. You should also bring a copy of your paper to the discussion group you are assigned to attend as part of the iCCOA curriculum. At that time, you will share your reflections with other students and professionals. This will provide an opportunity to both debrief about your experience and learn from the experiences of others.